



TALLCHIEF OPEN WATER CHALLENGE

Held under the Sanction of USA Swimming
By Oklahoma Swimming, Inc.
SANCTION NO.: OK10-039

Host: SwimTulsa and The Tulsa Masters Swim Club (for Masters swimmers go to www.tulsamsc.blogspot.com for an entry form)

Date: Sunday, August 29, 2010

Location: Zink Ranch, Sand Springs, Oklahoma

Schedule: Warm up – starting at 7:30am
Check in – until 8:15am
Briefing - 8:30am
Meet Start – 9:00am

Race Description: The course is out and back, swum clockwise and marked by buoys at an eighth, quarter, and half mile length. Swimmers will have in water swimming start and an on land finish with the swimmer running to cross the finish line. The color of the cap will determine the length of the swimmers race.

Eligibility: This meet is open to all USA Swimming registered swimmers. For unregistered swimmers there is a one meet registration available for a \$12 fee. Please fill out attached registration form and send with entry. Age as of August, 29, 2010 will determine eligibility for age group.

Qualifying Entry Times: "B" cuts in the longest freestyle event offered in the swimmer's age group in LCM or SCY: 10 & under – 200 Free, 11-12 – 400/500 Free, 13 & overs – 1500/1650 Free. "No Times" will not be accepted. Non USA Swimming registered swimmers must include a published time for the event in their age group or a published open water time.

Rules: This will be an unescorted swim. Current USAS Rules, supplemented by Oklahoma Swimming, Inc. rules will govern the meet.

Entry Fee: \$25 (\$1.50 to OKS Reserve Fund and \$3.50 to OKS Aquatic Fund). This includes cap and t shirt. *A portion of the proceeds go to Girl Scouts of Eastern Oklahoma Camp Tallchief Scholarship Fund.*

Deck Entries: Deck entries will be accepted up until 8:15am. Cost will be \$30.

Entry Limit: 1 Event.

Entering: Handwritten or printed entries must indicate swimmer's name, sex, age, USAS number, and event number. (Form is included in this meet information.)

Liability Release: See attached form. This must be filled out by every participant and turned in either by mail or at the meet. No one will be allowed to participate without the completed, signed, and dated form.

Deadline: Entries and liability form must be in the hands of the meet director by 6pm Wednesday, August 25, 2010. (Non USAS registered swimmers must include USAS registration form as well.) Include a single check payable to **SwimTulsa** with meet entry. To guarantee t-shirt size entry must be received by Friday, Aug. 20th. Entries which require signature for receipt will not be accepted! Send the entry form and check to:

Corinne Dolan
6260 S. Jamestown Ave.
Tulsa, OK 74136

918-260-0387 (cell)
918-495-1164 (home)
meetchief@swimtulsa.org

Safety: Lake safety is provided by the Water Front Safety Certified councilors at the Tallchief camp supported by the trained Dust Bowl Chapter of the Arkansas Canoe Club. A lifeguard station will be positioned every 1/8th mile on the course with additional support craft around the course. **No recording devices, including cell phones, can be used in the locker rooms at the site of a swim practice or meet. Marshals will insure that locker rooms are monitored as often as possible by all meet personnel.**

Water Temp: Average water temperature for August is approximately 80 degrees F.

Abandonment: If a race has to be abandoned prior to the lead swimmer finishing the race the race will be re-swum and the whole distance will be completed at a time determined by the meet committee. Check the SwimTulsa tape, 748-3400, if the weather is questionable. If there is no message about the Open Water Meet, then the meet will be held as scheduled.

Awards: An award will be given for the fastest in each age group and gender – 10 & under, 11/12, 13/14, and 15 & over.

Results: Results will be posted on the SwimTulsa web site www.swimtulsa.org and on www.oks.org.

Directions: Zink Ranch, Sand Springs, Oklahoma. Sand Springs is located approximately 10 miles west of downtown Tulsa. Zink Ranch is located approximately 9.7 miles north of Sand Springs at the termination of Hwy 97 & the intersection of Rock School Road. The site of the Tallchief Open Water Challenge is located another 4.5 miles from the entrance of the ranch. Once you reach the entrance of the Ranch, volunteers will direct you through the electric gate and to the site of the lake swim. Follow the signs.

Other Info: There is a slight walk from the parking area to the check in area. Bring your lawn chairs, sunscreen and bug spray. Showers will be available after the meet.

Post Race: Refreshments will be provided to all participants and volunteers after the meet. Spectators/friends/family can partake of the post race food for \$5/person. Tickets can be purchased before the meet.

Tallchief Open Water Challenge Events and Qualifying Times

Q Time	Girls	Event	Boys	Q Time
LCM/SCY				LCM/SCY
3:48.59/3:20.19	1	10 & U ¼ Mile	2	3:35.49/3:09.89
6:27.79/7:10.79	3	11/12 ½ Mile	4	6:21.69/7:05.49
24:06.39/23:34.19	5	13/14 1 Mile	6	23:14.99/22:28.29
23:53.09/23:18.79	7	15 & Over 2 Mile	8	22:25.59/21:55.89

TALLCHIEF OPEN WATER CHALLENGE

LIABILITY RELEASE AND INDEMNIFICATION FORM

THIS IS A RELEASE. YOU ARE URGED TO READ THIS CAREFULLY BEFORE SIGNING.

I, the undersigned participant and parent, request voluntary participation for _____ (Name) to participate in the Tallchief Open Water Swim on _____ (Date) sponsored by SwimTulsa/Tulsa Masters Swim Club all of which are hereinafter referred to as the "activity". I consent to my/minor's participation in the activity and acknowledge that the minor and I fully understand my/minor's participation may involve risk of serious injury or death, including losses which may result not only from my/minor's own actions, inactions or negligence, but also from the actions, inactions, or negligence of others, the condition of the facilities, equipment, or areas where the event or activity is being conducted, and/or the rules of play of this type of event or activity. **I specifically acknowledge that I am aware of all the risks inherent in open water swimming and agree to assume those risks.** I understand that if I have any risk concerns, I should discuss the risks associated with my participation with the activity coordinators and event staff, before I sign this document and before the activity begins.

Release – Minor's Rights:

In consideration of allowing Minor Participant to participate in this USA Swimming event, I hereby release and hold harmless USA Swimming, Oklahoma Swimming, The Clubs, Host Facilities, Meet Sponsors, Meet Committees, Volunteers, other participants, or any individuals officiating at the meet or supervising such activities (collectively, the "Released Parties"), of and from, and do discharge and waive, any and all claims, demands, losses, damages, and liabilities that Minor Participant may have or sustain with respect to any and all damage and/or injury, of any type, arising out of his or her participating in this USA Swimming event. I also agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

(Print name of Minor)

(Signature of Minor)

(Date)

Release – Parents'/Guardians' Rights:

In consideration of allowing Minor Participant to participate in this USA Swimming event, I hereby release and hold harmless the Released Parties, of and from, and do discharge and waive, any and all claims, demands, losses, damages, and liabilities that I may have or sustain with respect to any and all damage and/or injury, of any type, arising from Minor Participant's participation in this USA Swimming event. I also agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect. I certify that my/minor is in good health and have no physical condition that would prevent participation in this activity. Furthermore, I agree to use my/minor's personal medical insurance as a primary medical coverage payment if accident or injury occurs. I consent to emergency medical treatment in the event such care is required.

(Print name of Parent/Guardian)

(Signature of Parent/Guardian)

(Date)

Indemnification by Parent/Guardian:

The undersigned parent/guardian further agrees to indemnify, save and hold harmless the Released Parties from any and all claims, demands, losses, damages and liabilities for indemnities, contribution or otherwise with respect to any damage and/or injury, of any type, arising from Minor Participant's participation in this USA Swimming event.

(Print name of Parent/Guardian)

(Signature of Parent/Guardian)

(Date)

2010 Tallchief Open Water Challenge INDIVIDUAL ENTRY FORM

Swimmer Name (Last, First, MI): _____

Female/Male _____ Birth Date: _____ Age: _____

USA Swimming #: _____

Team Name: _____

T-SHIRT SIZE: S ___ M ___ L ___ XL ___

Entry Time

10 & Under	200 Free	__:__.__	scy/lcm (please circle)
11 & 12	500/400 Free	__:__.__	scy/lcm (please circle)
13 & 14	1650/1500 Free	__:__.__	scy/lcm (please circle)
15 & Over	1650/1500 Free	__:__.__	scy/lcm (please circle)

Entry Fee..... **\$25** _____

USA Swimming One Meet Registration..... **\$12** _____

(include reg. form with entry)

Optional donation to Girl Scouts of Eastern Oklahoma

Camp Scholarship Fund..... _____

Make Check Payable to SwimTulsa **Total:** _____



USA SWIMMING

2010 SEASONAL ATHLETE REGISTRATION APPLICATION LSC: OKLAHOMA SWIMMING, INC.

CHECK APPROPRIATE SEASONAL PERIOD:

SEASON 1 SEASON 2 INDIVIDUAL SEASON
ONE MEET

REGISTRATION DATE
OFFICE USE ONLY

*THIS MEMBERSHIP IS ONLY FOR MEETS BELOW
ZONE, SECTIONAL AND NATIONAL LEVELS.*

PLEASE PRINT LEGIBLY • COMPLETE ALL INFORMATION:

LAST NAME _____ LEGAL FIRST NAME _____ MIDDLE NAME _____

PREFERRED NAME _____ DATE OF BIRTH _____ SEX _____ AGE _____ CLUB CODE _____ NAME OF CLUB YOU REPRESENT _____
 MO. DAY YR. M-F

FATHER/GUARDIAN LAST NAME _____ FATHER/GUARDIAN FIRST NAME _____ MOTHER/GUARDIAN LAST NAME _____ MOTHER/GUARDIAN FIRST NAME _____
 IF UNATTACHED ENTER UN

MAILING ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

AREA CODE _____ TELEPHONE NO. _____ FAMILY/HOUSEHOLD E-MAIL ADDRESS _____

U.S. CITIZEN? YES NO
 ARE YOU A MEMBER OF ANOTHER FINA FEDERATION? YES NO
 IF YES, WHICH FEDERATION: _____

- DISABILITY:**
- A. Legally Blind or Visually Impaired
 - B. Deaf or Hard of Hearing
 - C. Physical Disability such as amputation, cerebral palsy, dwarfism, spinal injury, mobility impairment
 - D. Cognitive Disability such as mental retardation, severe learning disorder, autism

- RACE AND ETHNICITY** (You may make up to two choices if appropriate):
- Q. Black or African American
 - R. Asian
 - S. White
 - T. Hispanic or Latino
 - U. American Indian & Alaska Native
 - V. Some Other Race
 - W. Native Hawaiian & Other Pacific Islander

MAKE CHECK PAYABLE TO:

YOUR LOCAL SWIM CLUB

MAIL APPLICATION & PAYMENT TO:

**Carole Lee
PO Box 690782
Tulsa, OK 74169**

REGISTRATION FEE	
USA Swimming Fee	\$20.00 10.00
LSC Fee	28.00
TOTAL DUE	\$48.00 38.00

YEAR LAST REGISTERED _____
SIGN HERE X _____

SIGNATURE OF ATHLETE, PARENT OR GUARDIAN

USA Swimming occasionally makes its membership list available to its marketing partners. Please notify USA Swimming's Member Services Dept. at 719/866-4578 if you do not wish to receive these mailings.

- Check if you would like to learn more about USA Swimming's community initiatives
- Check if you would like to receive the electronic USA Swimming Newsletter (must be 13 years of age or older)